



# LINK

## Promoting: Life Skills, Independence, Networking & Knowledge

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Community Education Office - (651) 982-8110

## Summer 2012

### The LINK Program....

offers social, recreational and educational opportunities for adults with disabilities. Community Education staff members work hard to offer a variety of activities to enrich the lives of LINK participants and help them to be active and engaged members of the community.

We've got some fun activities planned for this summer! We are looking forward to some new events as well as the return of some old favorite activities. Our Community Education staff members hope to see you soon at LINK. Register by mail or online at [www.communityed4u.org](http://www.communityed4u.org).

**Transportation** - Transportation is available for a fee and is limited to those who live within 10 miles of Central Learning Center. We're sorry that due to time and expense, we are unable to offer transportation to those who live in the outlying communities. Participants are transported in Forest Lake Area Schools' vans and SUVs. These vehicles are not equipped with wheelchair lifts.

**Registering for transportation** - Two registration fee amounts will be listed next to each activity. One is just the cost of the activity and the other includes transportation. Please indicate your need for transportation by circling the correct fee on the registration form or register for the "A" session when registering online.

**Your registration record** - Once you have registered for an activity, please mark the box to the left of the activity name. Keep this information handy so you have dates, times and specific details for each activity for which you are registered.

**Scholarships** - For those experiencing financial hardship, scholarship funds are available to LINK participants through a private donation. Please include your request for scholarship funds with your LINK registration.

**Staff** - Staff/caregivers are welcome to attend LINK activities. Staff will only be charged for the cost of tickets or food/supplies when applicable. Please look for the "staff rate" when registering.

If you have any questions about upcoming activities or scholarships, please contact Larry Damico at [ldamico@flaschools.org](mailto:ldamico@flaschools.org) or 651-982-8303.

**Please note class locations:** LINK typically meets at the Central Learning Center (CLC) located at 200 SW 4<sup>th</sup> Street in Forest Lake for most classes. Please see class descriptions for other locations.



# Summer LINK Offerings

## Spring Fling Dinner and Dance

Join us at the Courtyards of Andover for a special night of dining and dancing. Participants in need of transportation will meet at the Central Learning Center at 3:15pm. From there we will hop in the van and head to Andover to meet our friends from Elk River at 4:00pm. Dinner options include 1) lightly breaded corn meal chicken or 2) home style roast beef with gravy. Dinners include a salad, mashed potatoes, corn, dinner roll, coffee, water and soda. Please register by April 23. The van will return to the Central Learning Center in Forest Lake at 8pm.

9736-S12	May 6	Sun
	4pm-7pm	\$28 no transp Staff fee \$25

9736-S12A	May 6	Sun
	4pm-7pm	\$38 w/transp
	Meet at CLC at 3:15pm	

*Courtyards of Andover is located at 13545 Martin St., Andover, MN 55304*

## LINK T-Ball/Softball Team

Spring is here and that means T-BALL! Join up with your friends to play on the LINK T-ball team, the *Forest Lake Twisters!* We'll have 6 practices on fields near the Central Learning Center on Thursday afternoons from 4pm-5:30pm. We'll get ready to compete in the Community Bridge Consortium Invitational Softball/T-ball Tournament to finish off the season. So dust off your tennis shoes, get out your gloves and join us for a great time! The tournament will be held at Casey Lake Park, 2089 17<sup>th</sup> Avenue E., North St. Paul, on Saturday, June 23, from 9:30am-2:00pm. We'll play against other teams, have lunch and be part of the recognition ceremony. For more information contact Larry Damico at (651) 982-8303. Transportation is not available for practices. Water bottle required.

9739-S12	May 10-Jun 14	Thu
	4pm-5:30pm	\$45
	CLC Field (#7)	
	No transportation to practices!	



## Movie Night

Meet us at the Lakes 5 Theatre and hang out with your friends while watching a great movie. The fee includes your discounted movie ticket! Bring money for snacks. 3D movies are \$2 extra.

9717-S12	May 21	Mon
	6:30pm-9:30pm	\$8 no transp \$5 Staff fee
	Meet at Lakes 5 Theatre	

9717-S12A	May 21	Mon
	6:30pm-9:30pm	\$15 w/transp
	Home pick up	

*Lakes 5 Theatre is located at 1480 Lake St. So., Forest Lake, MN*

## More LINK Opportunities....

### Saints Baseball

PLAY BALL!! Join us as we watch the St. Paul Saints play at Midway Stadium. Outdoor baseball at its finest! Grab your sunscreen, your mitt and enjoy an afternoon of fun in the sun. Fee includes game ticket and a tailgate picnic lunch of your choice of 2 hotdogs, a hamburger or a chicken sandwich along with chips, potato salad, baked beans and a soda or water. We'll leave at 10:45am, eat, enjoy the game at 1pm, and return to the Central Learning Center around 5:00pm. Please register by May 10. Pre-registration required. Bring money for concessions. We'd love to see you there!

9738-S12	Jun 10	Sun
	11:30am-4pm	\$25 no transp \$22 Staff fee

9738-S12A	Jun 10	Sun
	11:30am-4pm	\$32 w/transp
	Meet at CLC at 10:30am	

*Midway Stadium is located at 1771 Energy Park Drive, St. Paul, MN*

### Nature Center Hike

Who lives at the pond? We'll find out when we visit Tamarack Nature Center where one of the naturalists will lead us on a hike to the pond to learn all about the animals that live there, and we'll also meet one live and up close! We'll search for aquatic animals at the pond's edge while learning why the pond is so important.

9753-S12	Jun 25	Mon
	7pm-8:30pm	\$10 no transp

9753-S12A	Jun 25	Mon
	7pm-8:30pm	\$17 w/transp
	Meet at CLC at 6:15pm	

*Tamarack Nature Center is located 5287 Otter Lake Road, White Bear Township, Minnesota 55110*



### Bowling

Come with us to Stars & Strikes Family Entertainment Center in Wyoming. We'll be bowling and you can check out some of the other games available. Be sure to bring money for bowling, games and snacks.

9759-S12	Jul 16	Mon
	7pm-8:30pm	\$3 no transp

9759-S12A	Jul 16	Mon
	7pm-8:30pm	\$10 w/transp
	Home pick up	

*Stars & Strikes is located at 5063 273<sup>rd</sup> St., Wyoming, MN*

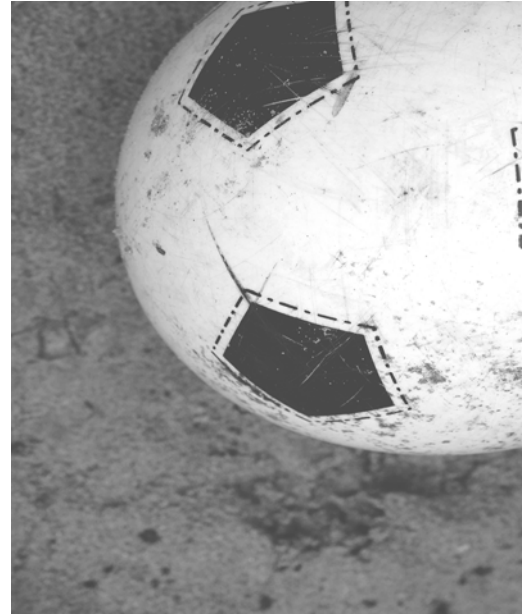


## More LINK Opportunities....

### Game Night Outdoors!

Come to the Central Learning Center for the evening and have fun playing outdoor games with friends! We'll enjoy the summer sun on one of CLC's fields; however, if weather isn't cooperating, we'll move inside and still enjoy an evening of games and friendship.

9755-S12	Jul 30 7pm-8:30pm	Mon \$7 no transp
9755-S12A	Jul 30 7pm-8:30pm Home pick up	Mon \$14 w/transp



### Picnic in the Park

Get together with your friends at Lakeside Park for an evening of fun! We'll enjoy a perfect summer picnic of subs, potato salad, veggies, chips and a drink, and then spend the rest of the time enjoying the sun and fun in the park! If the weather isn't cooperating, we'll move our picnic inside the cafeteria at the CLC and still have fun... rain or shine!

9754-S12	Aug 6 7-8:30pm	Mon \$10 no transp
9754-S12A	Aug 6 7pm-8:30pm Home pick up	Mon \$17 w/transp

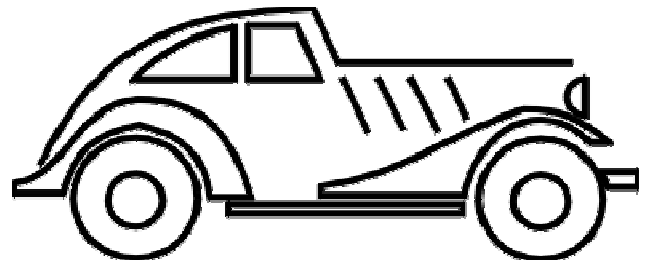
*Lakeside Park is located in downtown Forest Lake at East Broadway off of Lake Street*

### Cruise Night at Culver's

Cruise in to Culver's of Forest Lake to check out the vintage car show! Feast on a famous Butterburger or enjoy a frozen custard sundae...the choice is yours! Bring money for food.

9765-S12	Aug 23 7pm-8:30pm	Thu \$3 no transp
9765-S12A	Aug 23 7pm-8:30pm Home pick up	Thu \$10 w/transp

*Culvers is located at 1007 West Broadway Avenue, Forest Lake, MN 55025*





# Forest Lake Area Schools Community Education LINK Registration

**Use this form to register for LINK activities or register at [www.communityed4u.org](http://www.communityed4u.org).**

Need help? Call the Community Education office at 651-982-8110 or 651-982-8120. Nancy or Patty will be happy to assist you!

Participant Name (one registrant per form please) \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Mobile/Pager \_\_\_\_\_

Emergency Phone \_\_\_\_\_ Other \_\_\_\_\_

Email Address \_\_\_\_\_

	<b>Class Title</b>	<b>Class #/Fee no transp.</b>	<b>Class #/Fee including transp.</b>	<b>Staff Fee</b>	<b>Total Fees</b>
_____	Spring Fling Dinner/Dance	9736-S12 \$28	9736-S12A \$38	\$25	\$ _____
_____	LINK T-Ball/Softball	9739-S12 \$45			\$ _____
_____	Movie Night	9717-S12 \$8	9717-S12A \$15	\$5	\$ _____
_____	Saints Baseball	9738-S12 \$25	9738-S12A \$32	\$22	\$ _____
_____	Nature Center Hike	9753-S12 \$10	9753-S12A \$17		\$ _____
_____	Bowling	9759-S12 \$3	9759-S12A \$10		\$ _____
_____	Game Night Outdoors!	9755-S12 \$7	9755-S12A \$14		\$ _____
_____	Picnic in the Park	9754-S12 \$10	9754-S12A \$17		\$ _____
_____	Cruise Night at Culver's	9765-S12 \$3	9765-S12A \$10		\$ _____

Special health concerns (accommodations, disability, allergy, or special need we should be aware of) \_\_\_\_\_

Are you a resident of Forest Lake Area Schools? Yes No

**Discounts**

Participant's UCare ID# (If applicable) \_\_\_\_\_ UCare Member Discount Total \$ \_\_\_\_\_

**Payment Information**

Cash Check - **Payable to Forest Lake Area Schools** Total Registration Amount \$ \_\_\_\_\_

Discover/Mastercard/Visa (please fill out info below)

Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_

Cardholder's First Name \_\_\_\_\_ Cardholder's Last Name \_\_\_\_\_

Credit Card number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Does Community Education have your permission to publish art work, photographs, writing, quotes and videotape of you or your child?

- 1) for promotional use: Yes No
- 2) on the Forest Lake Area Schools website? Yes No

**Mail to:** Community Education, District Office Building, 6100 North 210th Street, Forest Lake, MN 55025